Care Home Influenza Outbreak Protocol, January 2018

Phase

Care Home

Health Protection Team

Imms01

2 or more residents show influenza symptoms

Pending diagnosis

Fluids, rest & paracetamol. Control of Infection measures

https://www.nice.org.uk/Media/Default/About/NICE-Communities/Social-care/quick-guides/Infection%20prevention.pdf

https://www.nhs.uk/Livewell/homehygiene/Pages/how-to-wash-your-hands-properly.aspx?platform=hootsuite

Confirmed influenza

Local Contained Outbreak declared

Care Home and HPT prepare a resident list for either treatment or prophylactic antivirals

ie **Oseltamivir** (Tamiflu)
Treatment = 75mg BD
Prophylaxis preferred 30mg BD since most residents may have degree of renal disease

During Core Hours ~
Resident's GP assesses and signs FP10

Local Pharmacy will dispense

Care Home will be offered pop-up clinic for influenza vaccines by local pharmacy

Care Home will arrange courier transfer of all signed FP10 to acute pharmacy hub to picked up dispensed antivirals and administer

Care Home may require additional staff

Imms01 is called

Outwith Core Hours ~
NHS111 OoH GP is commissioned under additional funding arrangement to visit Care Home; undertake all residents assessments and sign FP10s

Imms01 will contact acute hub pharmacy and arrange supply of all Care Home antiviral