

Appendix B: Emergency Hormonal Contraception Service Competencies and Training Framework

1. Introduction

Practitioners wishing to provide the EHC service via a Patient Group Direction must be trained and have their names on a service provider list kept by Hampshire County Council on whose behalf they are providing the service. Throughout this document the abbreviation HCC is used in place of "Hampshire County Council *or other Commissioning Bodies*".

2. Core Competencies

These core competencies have been mapped to the General Level Framework (available at www.codeg.org).

- a) Able to communicate with clients appropriately and sensitively.
- b) Able to counsel and advise on emergency contraception and regular methods of contraception.
- c) Understands how and when to refer clients and when to ask for support and advice.
- d) Understands confidentiality issues and is aware of their role in the process of safeguarding.
- e) Understands the different types and methods of hormonal contraception and non-hormonal contraception; their use, advantages, failure rates and complications.
- f) Understands the pharmacotherapy for the full range of available medication and appropriate clinical guidance (e.g. NICE).
- g) Understands and is able to apply the medico-legal aspects of EHC provision in accordance with a Patient Group Direction.
- h) Able to demonstrate knowledge of the clinical content of the relevant Patient Group Direction(s).
- i) Able to support the Team in the delivery of a safe and effective service.

3. Framework of Training

3.1 Underpinning Knowledge

Three Centre for Pharmacy Postgraduate Education (CPPE) open learning programmes provide pharmacists with the necessary knowledge to underpin the provision of EHC as an enhanced service:

Emergency Hormonal Contraception

Safeguarding Children & Vulnerable Adults

Contraception

Completion of the CPPE modules is a pre-requisite to providing the EHC service in Hampshire.

3.2 Other relevant training:

If the health practitioner providing this service is not a pharmacist (e.g. a nurse) then evidence of relevant reproductive, sexual health and safeguarding training will need be shared and agreed with HCC before providing this EHC service.

3.3 Local HCC e-learning package

All practitioners delivering the HCC EHC service need to undertake the Hampshire e-learning EHC training and the Child Sexual Exploitation (CSE) e-learning.

This training can be accessed at www.training.hampshire.nhs.uk

The CSE e-learning can be accessed at www.kwango.com Please login on the right-hand side of the screen using the following: Username: Hants Health and Password: HAH.

a) Aims

To enable practitioners to become competent to provide an EHC service in accordance with a Patient Group Direction, understanding the clinical, ethical, cultural and legal aspects of this work.

b) Objectives

The e-learning package should review the underpinning clinical knowledge required to provide an EHC service and should ensure that the practitioner:

- I. Understands the aims of an EHC service and its place in Sexual Health Services overall.
- II. Understands confidentiality issues and has an awareness of child protection issues.
- III. Understands and is able to apply the medico-legal aspects of EHC provision - especially as applied to under-age females i.e. under 16yrs (Fraser Ruling).
- IV. Understands and is able to use the Patient Group Direction and associated paperwork.
- V. Is aware of the details of when to carry out a pregnancy test, and the actions to be taken following the result.
- VI. Understands how and when to refer clients and when to ask for support and advice from the local Sexual Health Services.
- VII. Is able to counsel and advise clients appropriately and sensitively, and refer for further contraceptive care.
- VIII. Experiences problematic situations through role play, and gains confidence in dealing with them.
- IX. Knows what sources of support are available to the pharmacists involved in the provision of this service.

c) Features of the e-learning package

- Sexual Health Clinician(s) must be involved in the presentation and content of the e-learning package.
- The e-learning package must include a consultation role play scenario.

4. Summary of Assessment & Accreditation

To become accredited, each practitioner must complete the local e-learning package and successfully complete the required assessments:

- a) CPPE EHC online assessment (completed prior to undertaking the e-learning).
- b) CPPE Contraception online assessment (completed prior to the e-learning).
- c) CPPE Child Protection online assessment (completed prior to the e-learning).

Accreditation is proved by possession of dated certificates. Practitioners will not be able to sign up to the EHC PGD to provide the service without obtaining accreditation.

If the health practitioner providing this service is not a pharmacist (e.g. a nurse) then evidence of relevant reproductive, sexual health and Safeguarding training will need be shared and agreed with HCC before providing this EHC service.

5. Re-accreditation

Self-identified learning can be used to update CPD. These updates must be logged as CPD and there must be at least one per annual cycle.

CPPE updates must be identified and completed within 3 months of being issued.

6. Cross Accreditation

Trained practitioners must be advised that if they wish to provide an EHC service to another commissioner, they should contact that commissioner for further information.

Practitioners accredited outside Hampshire but wishing to provide the EHC PGD service within the HCC area are advised to contact HCC.

7. Enquiries on training & competency for EHC service:

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