

# SEPSIS is a serious infection complication

- It can look like flu, gastroenteritis or a chest infection
- If left untreated, it can lead to multiple organ failure and death

- 
- ! ¼ of all sepsis survivors suffer permanent life-changing after effects
  - ! 5 people are killed by sepsis every hour in the UK
  - ! 25,000 children are affected by sepsis per year in the UK
- 

## HOW TO SPOT SYMPTOMS OF SEPSIS

**Call 999 or go to A&E immediately if any of the following symptoms are seen:**

| Child under 5 years           | Any child                                       | Any adult                         |
|-------------------------------|---|-----------------------------------|
| Not feeding                   | Looks mottled, bluish or pale                   | Slurred speech or confusion       |
| Vomiting repeatedly           | Is very lethargic/ difficult to wake            | Extreme shivering or muscle pain  |
| Not passed urine for 12 hours | Feels abnormally cold to touch                  | Passing no urine in a day         |
|                               | Is breathing very fast                          | Severe breathlessness             |
|                               | Has a rash that does not fade when you press it | It feels like you're going to die |
|                               | Has a 'fit' or convulsion                       | Skin mottled or discoloured       |

## Further information can be found on:

<https://www.nhs.uk/conditions/sepsis/>  
<https://patient.info/health/sepsis-septicaemia-leaflet>  
<https://sepsistrust.org/>