

Person visits Pharmacy

Pharmacy team member approaches person, inviting them or their relative, friend, or person they care for/ represent to have the BP check, subject to eligibility

Is potential patient eligible?

NO

Advice on healthy behaviours offered as appropriate, and/or signposts to GP/ other services as appropriate

END

YES

Obtain consent

Record consent

Measure BP in line with NICE guidance

BP result

VERY HIGH BP

HIGH BP

LOW BP

NORMAL BP

Give advice on healthy behaviours
Provide BP reading to patient
Recommend further blood pressure check within 5 years, or 1 year if low BP or borderline

Email results to GP in Weekly Summary email

END

Refer to registered GP for same day appointment or local same day follow-up pathway
If no other option refer to A&E

END

Provide advice on healthy behaviours.
Carry out ABPM (Ambulatory Blood Pressure Monitoring)

If ABPM declined advise patient to see GP within 3 weeks
Email results to GP

If Stage 1 indicated, refer for appointment within 3 weeks
Email results / referral to GP

END

When providing ABPM:
• Obtain consent
• Provide & fit monitor
• Explain how it works & provide instructions
Patient leaves
Patient returns
Review measurements

STAGE 1 indicated

If Stage 2 indicated, refer for same day appointment or A&E
Call to book appointment and email results to GP.

END

STAGE 2 indicated

Unregistered: Blood pressure result given to patient
If Stage 2 indicated, refer for same day appointment or A&E

Provide information on how to register with a GP practice

END

Does patient experience symptoms?

NO

YES

If patient is fainting or regularly feeling like they will faint, refer for same day GP appointment.
If experiencing dizziness, nausea, or fatigue, advise patient to see GP within 3 weeks.

END

NORMAL BP confirmed

Inclusion criteria:

- Adults who are 40 years old or over, who do not have a current diagnosis of hypertension or a related condition
- Any patient under the age of 40 who requests the service because they have a recognised family history of hypertension may be seen under this service (with notes provided in the information sent to the general practice to this effect) if the pharmacist thinks this is appropriate
- Adults between 35 and 39 years old who are approached about or request the service may be tested at the pharmacist's discretion
- Adults specified by a local GP practice for the measurement of blood pressure

Exclusion criteria:

- People who are unable to give consent to participate
- People under the age of 40 years old, unless at the discretion of the Pharmacist
- People who have their blood pressure regularly monitored by a healthcare professional, unless at the request of a local GP practice
- Any person who is identified as suitable to be included under the criteria but where the smallest / largest cuff available does not fit

Clinic Blood Pressure

Low blood pressure:	90/60mmHg or lower
Normal blood pressure:	between 90/60mmHg & 139/89mmHg
High blood pressure:	between 140/90mmHg & 179/119mmHg
Very high blood pressure:	180/120mmHg or higher

Average Ambulatory Blood Pressure

Low blood pressure:	90/60mmHg or lower
Normal blood pressure:	between 90/60mmHg and 134/84mmHg
Stage 1 Hypertension:	Between 135/85mmHg and 149/94mmHg
Stage 2 Hypertension:	150/95mmHg or higher