

**Get support
Get advice
Get connected**

**Connect to
Support
Hampshire**



Find community groups, local activities, care homes and care providers near you



Practical online help to regain or maintain your independence and get the support you need



It's easy to find the information you want:

- Health and wellbeing advice
- Local community groups and activities
- Getting out and about
- Support for carers
- Managing at home
- Living with disability
- Equipment and aids
- Finding, arranging and paying for care
- Care providers and care homes

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www.ConnectToSupportHampshire.org.uk